

FAMILY VOICES of California

The Outlook for Systems of Care in California

*The voice of families
the vision of quality health care
the future for children and youth with special health care needs*



Our Panelists

- Laurie Soman (moderator)
- Kathryn Smith, *RN, MN, USC UCEDD*
- Marilyn Holle, *JD Disability Rights California*
- Robert Dimand, *MD, CCS, DHCS*
- Ana Clark, *PHN, HealthNet*
- Gregory Buchert, *MD, MPH, Cal Optima*
- Leila Saadat, *Alameda Alliance*
- Maya Altman, *MPP Health Plan of San Mateo*



We Treat Kids Better



The Outlook for Systems of Care: Medi-Cal and Healthy Families

Kathryn Smith, RN, MN

The Governor's Budget Proposal

- \$1.7 billion in cuts to the Medi-Cal program, including establishment of co-pays for outpatient services, dental services, emergency room visits, and inpatient hospital stays for both children and adults
- \$135.7 million in cuts to the Healthy Families program, including elimination of the vision benefit and premium increases
- \$500 million in cuts to the In Home Supportive Services program

Cuts to Medi-Cal

- Establishment of co-pays for most services
 - Co payment of up to \$5 for each visit for provider visits and therapy visits (OT, PT, psychology, speech), a \$50 co pay for non emergency care in the ER and a \$100 co pay per hospital inpatient day
 - Co payment of \$3-5 for each drug prescription and refill
 - Does not apply to foster care, any person under 18, perinatal care, any person 65 and older
 - Requires federal approval
- Eliminates selected over the counter drugs and limits nutritional supplements
- Reduction in Medi-Cal provider rates by 10% for physicians, pharmacists, clinics, medical transport, home health and some hospitals
- Limits on services for adults
- Elimination of Adult Day Health Care Services
- Redirection of \$1 billion of Prop X funds to Medi-Cal for 0-5 year olds (requires voter approval)

Cuts to Healthy Families

- Elimination of vision benefit (although things like eye infections and surgery would still be covered by HF)
- Premium increases
 - For those in families at 150-199% of the FPL would increase from a family maximum of \$48 to \$90
 - For those in families at 200-250% of the FPL would increase from a family maximum of \$72 to \$126
 - Co pays will increase for ER visits to \$50 from \$15
 - Co pays will be established for inpatient hospital stays of \$100 per day to a maximum of \$200

Cuts to IHSS

- Reduce the hours of assistance by 8.4%
- Retains last year's reduction in hours of 3.6% (for a total reduction in hours of 12%)
- Eliminates domestic and related services for people in shared living situations and minors
- Recipients would be required to obtain physician certification that IHSS services are necessary to prevent out of home care

Potential Impact on Families of Children with Special Health Care Needs

- All of the Governor's co payment, utilization limit and benefit reduction proposals require federal approval by way of a waiver or state plan amendment
- It is unclear whether the co payments can/will apply to children
- Some cuts or limitations may delay receipt of necessary care, and result in increased expenditures in the long term
- The limitations may adversely affect those who are most medically fragile
- Since providers may not be able to collect co pays, the requirement may, in effect, be a provider rate reduction
- Changes to IHSS may require additional support by family members, adversely impacting ability to work

Marilyn Holle, JD
Disability Rights of California



Dr. Robert Dimand

**Department of Health Care Services, California
Children's Services**



Department of
Health Care Services



1115 Waiver Demonstration Project Update

**Family Voices 9th Annual Health Summit
March 1, 2011**





California Children's Services

- 83 year old program
- Specific to children with special health care needs
 - Premature birth
 - Congenital heart disease
 - Hearing loss
 - Cystic Fibrosis
 - Cancer
 - Traumatic injuries
 - Diabetes
- 180,000 to 200,000 eligible children
 - 75% Medi-Cal eligible
 - 12% Healthy Families
 - 12% General Funded
- \$2.1 Billion program





1115 Demonstration Waiver

California's Core Purpose

Test innovative health care delivery models for transforming health care services for children with CCS conditions

Objective

Identify the model or models that will result in a well-integrated, coordinated and value-based health care delivery system





1115 Demonstration Waiver Four Models

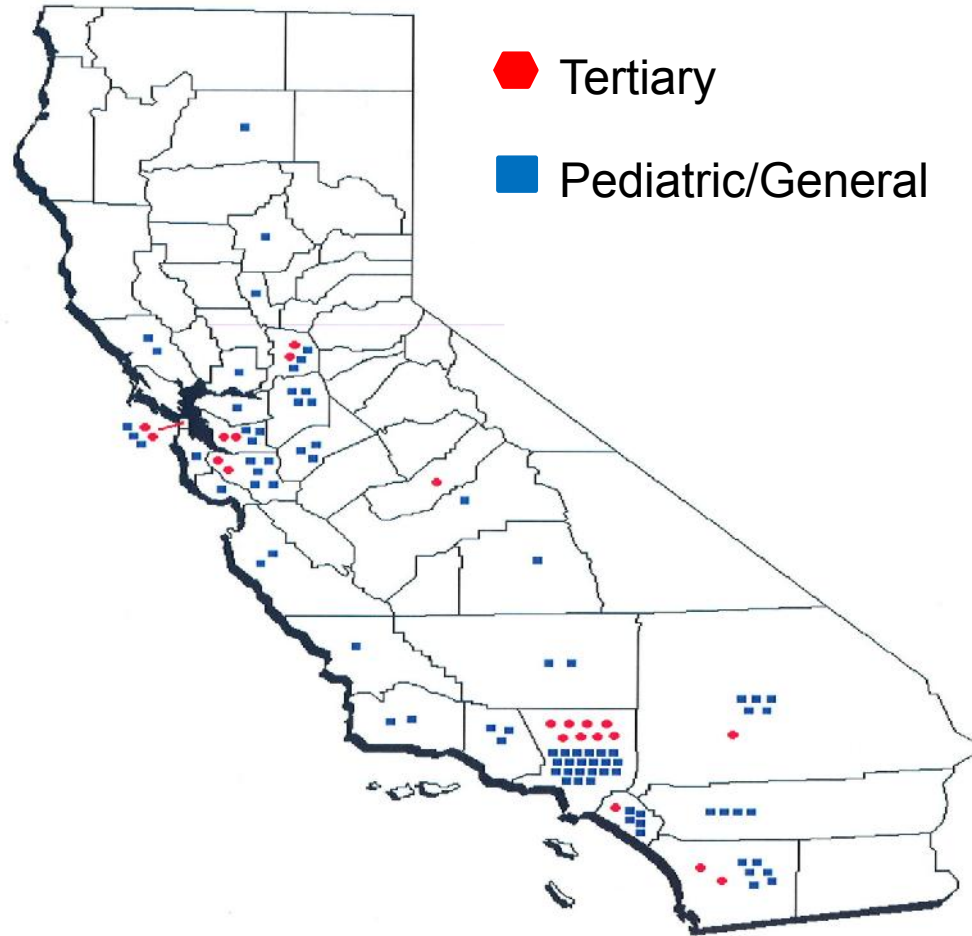
Existing Medi-Cal Managed Care Plans (**MCO**)

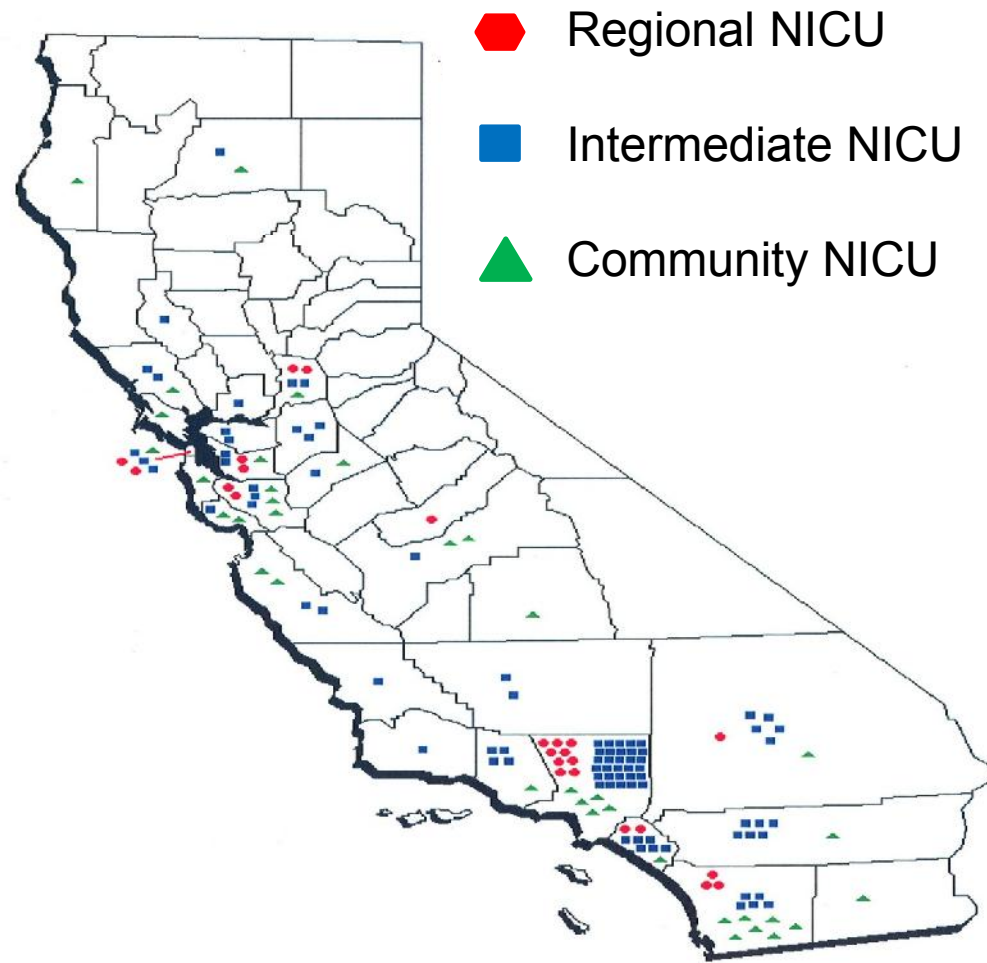
Specialty Health Care Plan (**SHCP**)

Enhanced Primary Care Case Management (**EPCCM**)

Provider-based Accountable Care Organization (**ACO**)









1115 Demonstration Waiver Desired Outcomes

Identify the model or models of healthcare delivery for CCS children or youth that result in achieving the desired outcomes related to :

- Clearer accountability
- Timely access to care
- Improved coordination of care
- More efficient use of public dollars
- Improved health outcomes and greater cost-effectiveness
- Improved satisfaction with care
- Family-centered care
- Maintain Regionalization
- Transition Planning (those aging out)





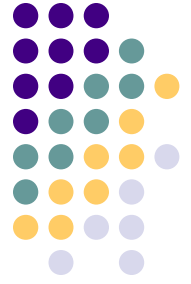
Health Plans

- Health Net
- Cal Optima
- Alameda Alliance
- Health Plan of San Mateo





Health Net of California



- Health Net is one of the largest health plans in California serving over 2.5 million members for over 25 years
 - Nearly 1 million Medi-Cal, Healthy Families and Healthy Kids members
 - 70% of Medi-Cal members are between the age of 0-21 years
- Over 28,000 current members in SPD aid codes
 - 18% are children age 1-9, 24% age 10-19 years
- Health Net arranges for the provision of medical services and coordinates care with over 24 public-linked and carved out programs
 - California Children's Services
 - Mental Health
 - Regional Centers
 - Local Education Agencies
 - Home and Community-Based Services (HCSB) Waivers



CalOptima

- **CalOptima is a public health plan that provides health care services to children, low-income families, senior and persons with disabilities (SPD) in Orange County.**
 - SPD members have been enrolled in the Medi-Cal program since 1996
- **CalOptima serves over 410,000 Orange County residents through three major programs:**
 - Medi-Cal
 - Healthy Families Program
 - OneCare HMO SNP – Medicare Advantage Plan for people with Medi-Cal and Medicare
- **CalOptima is the 2nd largest insurer in Orange County. We cover:**
 - 30% of the county's children
 - 52,000 people with disabilities
- **CalOptima is responsible for most medical services in our programs. Certain services are carved out of Medi-Cal and require coordination:**
 - Behavioral Health
 - California Children's Services
 - Home and Community-Based Services
 - Regional Center

Alameda Alliance for Health



Background

- The Alliance is a not-for-profit, publicly governed health plan that offers community-based health care services to over 120,000 low-income Alameda County residents.
- The plan is a strong community partner in Alameda County's health care safety net system and invests its resources in the local community.
- Collaboration with providers, elected officials, healthcare advocates, and many other community stakeholders has been vital to the organization's success.

Near Future

- **California Children's Services** – carved-out; partner with Alameda County CCS to support pursuit of a pilot project
- **Seniors and Persons with Disabilities** – anticipating and preparing for an average of 1,500 new members per month
- **Healthy Families** – the Alliance is now one of only two plans accepting new HF members



Health Plan of San Mateo (HPSM)

- **Public agency** created by San Mateo County in 1987 (County Organized Health System)
 - Accountable to **community**
 - **Transparent** finances
 - **Entire Medi-Cal population enrolled**, including SPDs and **CCS**
- COHS as vehicle for **community problem solving**

the
healthy
fight.



 **HealthPlan**
OF SAN MATEO

Questions for Health Plans:

○ What are you doing to get ready for these changes?

- For example the possible California Children's Services pilots, the "Seniors and Persons with Disabilities" changes, the Medi-Cal/Healthy Families changes in benefits, premiums and co-pays



Questions for Health Plans:

- **What are your biggest challenges?**



Questions for Health Plans:

- **How do you think your plans can address these challenges to make a positive difference in the lives of children and youth with special health care needs?**



Audience Q&A

